



Winning at Retirement: A Guide to Health, Wealth, and Purpose in the Best Years of Your Life

Patrick Foley

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About half of American retirees describe their post-work years as the best time of their life. Winning at Retirement is a step-by-step guide to ending up among that happy half. Authors Pat Foley and Kristin Hillsley take a practical, inspirational, and entertaining look at the process of seeking happiness in what could be your most enjoyable years.

Winning offers plain language advice on matters like Social Security, Medicare, and investing. But it also emphasizes the importance of seeking a meaningful, impactful identity in the senior years, and describes how to do so. What truly sets the book apart is the crafting of a Retirement Happiness Map, a simple but powerful method for planning all aspects of a blissful retirement.

Today's retirees are plugged-in. They have smart phones, are internet savvy, and follow their grandchildren on Facebook. Winning takes a thoroughly modern look at the subject, describing web tools, apps, TED talks, and the vast world of resources that are at your fingertips in a quest for financial stability, health, and purpose.

Step inside, you won't be disappointed.

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Julie Barrett says

Winning at Retirement by Patrick Foley and Kristin Hillsley

Starts with table of contents where the chapters are broken up into the important phases you have to go through along the way to reach retirement.

Very informative and I only looked at the ones I was interested in: Medicare, Social Security. Scanned through the others and will save them for a later date as I need them.

Some information is very old and you should read other resources that are quote din this book.

says

Ashish Shah says

Great book

Really good book with in depth discussion of retirement. It gives you all the possible scenario of retirement. Everything is explained in a very simple way.

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Jeraldine Thurman:

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